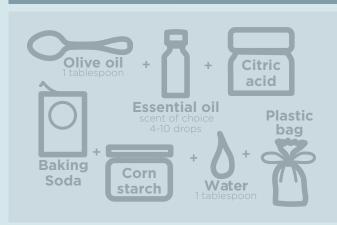


Supplies



Homemade Bath Fizzies

Description

Learn about chemical reactions by making homemade bath bombs! They make great holiday gifts to give to friends, family and the community!

Activity Steps

- 1. Mix olive oil and essential oil together in bowl.
- 2. Mix baking soda, cornstarch and citric acid together in separate bowl.
- **3.** Make indentation in center of mixture and drizzle olive oil mixture into indentation; mix well.
- **4.** Add water, a little at a time, and blend adding water causes fizzing. Absorb water in cornstarch as much as possible so the fizzie does not fizz while you are mixing ingredients.
- **5.** Once blended, scoop out 1 tablespoon of mixture. Shape into a ball, squeezing tightly. You can also use a mold, like a decorative cookie mold.
- 6. Allow to dry overnight before packaging.
- 7. Place in cellophane bags and tie off with ribbon.
- ▶ Check it out at <u>4-H.org/BathBomb</u>

1-2 Hours | All Ages

Winter Coat Drive

Description

Collect winter coats that you no longer use and donate them to a local charity to help families in need.

Activity Steps

- 1. Collect winter coats from your closet that you no longer need or use.
- **2.** Ask family, friends or citizens from your community for coat donations.
- **3.** Research organizations that accept coat donations and deliver the coats so they can be put to good use by those in need



4-H at Home 7