



Homemade Bath Fizzies

Description

Learn about chemical reactions by making homemade bath bombs! They make great holiday gifts to give to friends, family and the community!

Activity Steps

1. Mix olive oil and essential oil together in bowl.
2. Mix baking soda, cornstarch and citric acid together in separate bowl.
3. Make indentation in center of mixture and drizzle olive oil mixture into indentation; mix well.
4. Add water, a little at a time, and blend - adding water causes fizzing. Absorb water in cornstarch as much as possible so the fizzle does not fizz while you are mixing ingredients.
5. Once blended, scoop out 1 tablespoon of mixture. Shape into a ball, squeezing tightly. You can also use a mold, like a decorative cookie mold.
6. Allow to dry overnight before packaging.
7. Place in cellophane bags and tie off with ribbon.

► Check it out at 4-H.org/BathBomb

Supplies



Winter Coat Drive

Description

Collect winter coats that you no longer use and donate them to a local charity to help families in need.

Activity Steps

1. Collect winter coats from your closet that you no longer need or use.
2. Ask family, friends or citizens from your community for coat donations.
3. Research organizations that accept coat donations and deliver the coats so they can be put to good use by those in need.

