



N.C. Cooperative Extension
Henderson County Center
Henderson County 4-H
henderson.ces.ncsu.edu/4-H

100 Jackson Park Rd.
Hendersonville, NC 28792
Phone: 828-697-4891
Fax: 828-697-4581

Henderson County 4-H Pen Pal Program

To: Pen Pals and Parents or Guardians
From: Denise Sherrill, 4-H Agent

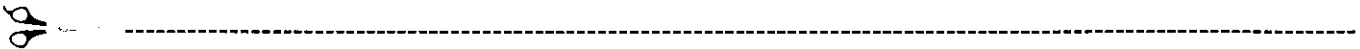
Each participant in NC 4-H Citizenship Focus creates a plan to improve his/ her community. Gabbi Torres chose a pen pal program with a local assisted living facility. Gabbi realized that residents in assisted living facilities are lonely because of the restrictions with COVID-19. And 4-H members' lives will be enriched by developing relationships with elderly residents. Carolina Reserve of Hendersonville is excited about joining in this program, with their residents corresponding with 4-H members.

Would you/ your child/ teen like to be a pen pal? There are two forms to sign, one for the parent and one for the child/ teen.

Your child/ teen is asked to mail two letters, drawings, puzzles, or other items to his/ her pen pal by December 15.

We plan to evaluate the pen pal program by December 18, 2020, and decide whether or not to continue.

Below is the form for the child/ teen to sign. Please mail (Denise Sherrill, 100 Jackson Park Rd., Hendersonville, NC 28792) or email (to Denise Sherrill@ncsu.edu) the form below, or complete this form online: <https://forms.gle/iBucxeDpkd9kaRp7A>



4-H Pen Pal Participant Form

_____ Yes, I would like to participate in the 4-H Pen Pal Program

_____ Yes, I plan to write to my pen pal at least 2 times before December 15.

_____ Yes, I will be kind and respectful in my communication with my pen pal.

Name: _____

Signed: _____





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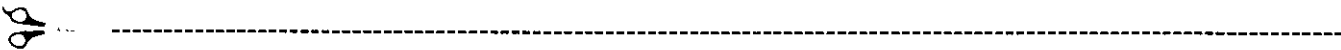
October, 2020

To: Parents or Guardians of 4-H Pen Pals

From: Denise Sherrill, 4-H Agent

We're excited to provide the 4-H Pen Pal program to connect local young people with Assisted Living residents at Carolina Reserve of Hendersonville. We ask that you monitor the communication between your child and the resident. We ask that all communication be friendly and respectful. You may choose to have the resident reply to your child at your address, or to Henderson County 4-H. If you choose the 4-H address, then we will forward the mail to you.

If you have any questions, please call or email Denise_Sherrill@ncsu.edu or call 828-697-4891. Please mail or email the form below, or complete this form online: <https://forms.gle/GMRZZsGjT5D9NfDc7>



Yes, my child has permission to participate in the 4-H Pen Pal program. I will contact Henderson County 4-H if I need postage or other supplies.

Yes, my child will mail at least two letters or other items to his/ her resident by December 15.

Yes, I will monitor communication between my child and the resident to ensure that it is friendly and respectful.

I prefer for my child to receive 4-H Pen Pal communication at NC Cooperative Extension, Henderson County Center. I understand that the mail will be forwarded to me.

My child's name _____ My name _____

My child's age as of Jan. 1, 2020 _____ My child's 4-H club _____

Yes! My child is active in 4-H Online! My phone number _____

My Mailing Address _____

My email address _____





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Henderson County 4-H Pen Pal Program
Communication with 4-H Pen Pals should be friendly and respectful.

Suggested items to send:

- A drawing - your child does not need to be able to write. It would be nice if he/ she could sign his/ her name.
- Crossword puzzle, word search
- blank coloring page
- postcard
- photograph

If you choose to write a letter,

Write the date at the top

Introduce yourself. Tell the recipient your name, age, interests, hobbies, names of your pets, your favorite subject in school

Ask some questions: What are your hobbies or interests? What was your favorite subject in school? What is your favorite color?

Sign the letter

Example:

October 31, 2020

Dear Pen Pal,

My name is Sarah. I'm 10 years old, and I love to bake chocolate chip cookies! I have a cat named Miss Gray and a dog named Holly. My favorite subject in school is science. I like art too. This year I grew a 4-H Mini-Garden. I really liked the cucumbers! What do you like to do? What is your favorite color? I have to wear a mask when I go to school and it is hard to keep it on all day. Do you have to wear a mask too?

Your Pen Pal,
Sarah

See page 2 for addressing an envelope.



How to address an envelope:

Write or print clearly

Your Name Your Street or PO Box Your Town, NC Zip Code	Affix correct postage here
Recipient's Name 4-H Pen Pal Program Carolina Reserve Assisted Living 1820 Pisgah Dr. Hendersonville, NC 28791	