

4-H Summer Camp!



Archery



Water Sports



Climbing



Rope Course

What would you think about a week of.....



Horses



Campfires



Learning



Team Building



Cooperative Extension's Youth Development Program



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North Carolina has three 4-H Camps, Betsy Jeff Penn, Millstone, and the Eastern 4-H Center. Registering through your 4-H Agent will provide a \$50 discount to the camp fee. **Cost, with \$50 already deducted:** Traditional camp for ages 8 - 12: \$426, Adventurers, ages 12-14, and Trekkers, ages 13 - 14: \$446, Leaders in Training ages 15 - 17: \$256. Henderson County 4-H will take a group to the Betsy Jeff Penn 4-H Center June 28-July 3. Families provide transportation to other camps.

_____ Yes, please register my child for 4-H camp. I have enclosed a \$50 deposit, written to Henderson County 4-H. Please hand deliver or mail to Henderson County 4-H, 100 Jackson Park Rd., Hendersonville, NC 28792. The balance will be due June 1. Please check:

Traditional (ages 8-12) ___ Adventurers (12-14) ___ Trekkers (13-14) ___ LIT (15-17) ___

Note: LITs must apply and participate in on-line training prior to being accepted.

Child's name: _____ Age: _____ Grade: _____ T-shirt size: _____

Parent's name: _____ Phone number: _____

For more information, including specialty camp information, visit <https://nc4h.ces.ncsu.edu/camps-centers/> and email Denise_Sherrill@ncsu.edu or call 828-697-4891.

Donors are always needed to help provide scholarships for 4-H camp.

_____ I would like to provide a scholarship for a young person from Henderson County to attend 4-H camp. I have enclosed a check written to Henderson County 4-H.

Programming at Betsy Jeff Penn 4-H Center

Traditional Camp: Ages 8-12

Groups are Head, Heart, Hands, Health, Earth, Sun, and are divided roughly by age. Generally, it will be 8-9 yr olds in Head/Heart, 10-11 yr olds in Hands/Health, 11-12 yr olds in Earth/Sun. However, this breakdown could change depending on the age distribution for a particular week. These groups share some Core Activities. Each group also has their own unique learning experiences as well as a wide variety of core activities and choice periods.

Core Activities:

- Arts and Crafts
- Archery
- Canoeing
- Swimming/Pool
- Horseback Riding
- Climbing Wall

Unique Learning Experiences:

- Head/Heart: Pioneer Lifestyles
- Hands/Health: Environmental Education
- Earth/Sun: High Ropes

The Adventure Program is designed for campers aged 12-14 and consists of two groups, the **Adventurers** (12-14) and the **Trekkers** (13-14). These groups do not participate in the "traditional camp" activities such as horseback riding, arts and crafts, etc. The Adventurers will enjoy a variety of activities focusing on outdoor living skills. Activities will include teambuilding/high ropes, canoeing, compass/orienteering, GPS, and geo-caching. The Trekkers spend the first part of the week learning canoeing and rock climbing skills at camp. The last part of the week, they go off-site and canoe the Mayo or Dan River, rock climb at Pilot Mountain, and camp at Pilot Mt State Park.

Leader-In-Training (L.I.T.)

This opportunity was developed to help guide older youth (15-17) as they hone and develop their leadership skills. The program runs concurrently - and intertwined with - the weekly residential summer camp. There are six spaces available during each session of camp, three for boys and three for girls. Assigned to a staff mentor for the week, Leaders-in-Training spend part of their time working on program set-up and "behind-the-scenes" details. They also participate in specific training exercises, teambuilding, high ropes, and other leadership opportunities. Since L.I.T.'s are depended on for full & responsible participation throughout the week, they must go through online training and an application process prior to being accepted for the program.

For more info and to apply for the L.I.T Program, visit this site:

<http://www.bjpenn4h.org/images/LIT%20Packet.pdf>

Visit <http://www.nc4h.org/camps-centers/> to learn about camping at Betsy Jeff Penn, Millstone, and the Eastern 4-H Center. Register through Denise Sherrill, 4-H Agent, to get the discounted fee at 4-H camps.