



Henderson County Center
100 Jackson Park Road
Hendersonville NC 28792
828/697-4891
henderson.ces.ncsu.edu/4-H

THE SOURCE
HENDERSON COUNTY 4-H NEWSLETTER
May - June - July 2015

You Are Invited

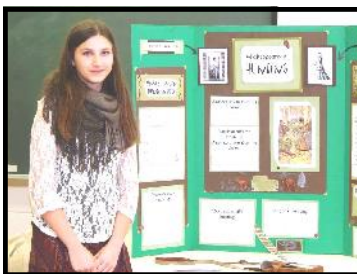
4-H County Activity Day

Saturday, May 2
Grace Lutheran Church,
1245 6th Avenue
West Hendersonville, NC 28791
6th Ave. West
(Corner of 64W and Blythe St.)

Presentations will start at 9:00 am
Awards ceremony – 11:30



These are both great opportunities to see 4-H presentations!



West District 4-H Activity Day

Saturday, May 16,
Glenn Marlow Elementary School
1985 Butler Bridge Rd, Mills River,
NC 28759

Presentations will start at 10:30
Awards Assembly 1:45

LOOK INSIDE FOR MORE OPPORTUNITIES!

To learn more about 4-H clubs, and our upcoming events visit our website: henderson.ces.ncsu.edu/4-H

Upcoming Events

It's time to start working on a 4-H project record for 2015

For forms, visit this website: <http://www.nc4h.org/youth/awards.html> Project records are due January 4, 2016 to the NC Cooperative Extension, Henderson County Center.

Here is the link for project record forms for Cloverbuds, ages 5 – 8 as of January 1:

<http://www.ces.ncsu.edu/wp-content/uploads/2014/10/cloverbud-project-record-age-5-8.doc>

4-H County Council

May 26, – presentation practice at 5:00, meeting at 7:00
June 23 – presentation practice at 5:00 – no County Council
Aug. 25, Sept. 22, Oct. 27, Nov. 24, Dec. 29 5:00 Work-day. Bring food to share. 7:00 County Council Meeting

4-H Presentation Coaching

4-H alumni tell us that the public speaking skills they learned by giving 4-H presentations have helped them throughout their lives. Call 697-4891 to register for presentation coaching. April – July 16 presentation coaching will be most Tuesdays and Thursdays, 9:00 – 11:30 and 3:00 – 6:00.

Poultry Science Summer Institute

Click here for Information: <http://poultry4hyouth.ces.ncsu.edu/poultry-science-summer-institute/>. Apply by May 1.

NC 4-H Wildlife Habitat Evaluation Program and Forestry Contests

All this information can be found at <http://forestry.ces.ncsu.edu/4h/>

WHEP (Wildlife Habitat Evaluation Program)

May 9, 2015

W. Kerr Scott Dam & Reservoir

Wilkesboro, NC

Registration Deadline: April 17

4-H Forestry Contest

September 19, 2015

Schenck Forest

Raleigh, NC

Registration Deadline: August 28

More details, the official contest announcements, and registration forms can all be found at <http://forestry.ces.ncsu.edu/4h/>.

Extra *Blackberry*,

Raspberry, Blueberry

and *Asparagus* plants

from the 4-H plant sale are

available at Tractor Supply

Upcoming Events

Spring Paper Clover Sales at Tractor Supply April 22 – May 3

RSVP to Denise_Sherrill@ncsu.edu or call 697-4891 if you'd like to tell people about 4-H and raise funds for your 4-H club or the county program.

NC 4-H Citizenship Focus

Learn about state government, working with public officials, hear from prominent NC officials, and visit legislators.

June 15 – 17, Raleigh

Fee: \$200 [Application](#) due to NC Cooperative Extension, Henderson County Center by May 1. One teen and one adult per county are invited to participate. Additional names will be put on a waiting list, so apply early

Sat., May 2 **County 4-H Activity Day** (Early presentations will be Thursday afternoon, April 30.)

The 4-H Fashion Revue will be on Friday, May 8, at 7:00 pm at Grace Lutheran Church, at the corner of Blythe and Hwy. 64 in Hendersonville.

NC Association of County Commissioners Youth Summit 2015

The County Commissioners created the Youth Summit to teach teens about local government. They offer the opportunity for one 4-H teen from each county to participate in the Youth Summit, which will be August 21 and 22 in Greenville, NC. [Applications](#) are due to NC Cooperative Extension, Henderson County Center, by May 8.

Application Resume Interview Essay contest for youth ages 11 – 18. Click [here](#) for more information. Applications and resumes due to Denise May 8. Interviews will be Monday, July 20, part of NC 4-H Congress in Raleigh. Janet Gover, who was recently inducted into the 4-H Achievement Hall of Leadership, will provide coaching for ARIE on Thursday, April 23, from 6:30 – 7:30. Please RSVP to [Denise](#) or call 697-4891 if you plan to come to this coaching. Janet also plans to offer mock interviews on Thursday, June 18 at 6:30. This will be practice for participants in the July 20 interviews, and for the people ages 11 – 13 who won't be in Raleigh for the July 20 interviews.

NEW for 2105: This year participants (ages 14 – 18) have a choice between two (2) essay prompts as well as standardized guidelines for essay submission. These essay prompts come directly from the 2014-2015 "Common Application." If you are unfamiliar with the "The Common Application," it is a not-for-profit organization that serves students, member institutions, and secondary schools by providing applications that students and school officials may submit to any of our over 500 members. Membership is open to colleges and universities that promote access by evaluating students using a holistic selection process. Many of our states colleges/universities (and neighboring states) utilize The "Common Application"

NC 4-H Photography Contest Entries are due May 15. Click here for more information:

<http://www.cals.ncsu.edu/agcomm/4-HPhoto/contest-rules.html>

Sat., May 16 **District 4-H Activity Day**, Glenn Marlow Elementary School in Mills River. Many volunteers will be needed to park cars, serve as judges and hosts/ hostesses, help with first aid, set up and re-arrange classrooms. Contact Denise_Sherrill@ncsu.edu or call 697-4891 if you'd like to volunteer.

4-H Electric Congress July 13 – 15, 2-15, Wilmington

NC 4-H Congress July 18 – 21, 2015

Don't forget these 4-H [fundraisers](#) : purchase grocery cards, recycle ink cartridges and cell phones

Club Reports

Homesteaders 4-H Club, Kathryn Worley, Vice President

This month the Homesteaders were given the opportunity to participate in multiple activities. Mrs. Dixon, the grandmother of members Dawson and Dahlia Jacobs, taught us how to make biscuits from scratch, while Mrs. Quinn, member Micah Quinn's mother, taught us how to make butter. Long-time 4-H supporter, Ms. Bessie Bright, taught our younger members how to hand-sew change purses. We also prepared boxes for our Books for Good book collection. Money raised through this project will go to help our club members attend 4-H Congress.

Dana 4-H Club

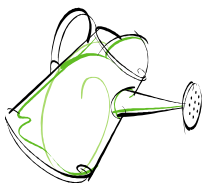
The Dana Wildcat 4H Club went to Carillon Assisted Living Facility on March 31 to color Easter Eggs with our new friends. It was a blessing for all! We have visited Carillon Assisted Living in December to share ornaments and sing carols, in February to make and decorate Valentine cards, and in March for Easter. Our 4H club plans to continue this community service again next year as we know it is a Win Win for everyone! The Dana Elementary 4H organized a canned food drive at school to collect food for families in our community that need food items. They collected over 200 cans, packaged food, flour, etc. "Dana's cans can make a difference" was the theme.

Young Naturalists 4-H Club, Alice Bloemsma, Reporter

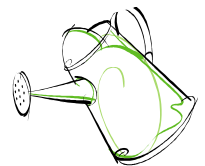
This month the Young Naturalists had a eventful February. We went to Beach Mountain and enjoyed a day of skiing on the slopes. Some of our group also spoke at 4-H Achievement Night while others helped where they were needed. WHEP has also started for our group and we are excited for the oncoming month and activities.

LIT 4-H Club, Cayden Brackett, Reporter

Today's meeting was based on County and State 4-H. In the picture above we are putting together a scrapbook for the County scrapbook. "It was difficult because we only get 4 pages." Says Mia. We also made magnets for The Leaders Meeting in Raleigh.



4-H Mini-Gardening Contest *for youth ages 9 – 18 who love plants!*



4-H Mini-Gardening – For beginning gardeners who are residents of Henderson County: Youth prepare, plant and maintain their own gardens at their homes. Cash awards for winners! Master Gardeners visit each garden twice during the summer. Contestants are evaluated on the care and maintenance of their gardens, yields from their gardens, and their garden journals. Participants will receive seeds, transplants and instructions on how to grow a 10 x 12 foot vegetable garden. Register by May 8. No fee.

Don't Forget!

The 4-H Fashion Revue will be on Friday, May 8, at 7:00 pm at Grace Lutheran Church, at the corner of Blythe and Hwy. 64 in Hendersonville.

Spring Paper Clover Sales at Tractor Supply April 22 – May 3
RSVP to Denise_Sherrill@ncsu.edu or call 697-4891 if you'd like to tell people about 4-H and raise funds for your 4-H club or the county program.

Congratulations to 4-H Volunteers

NC 4-H Achievement Hall of Leadership

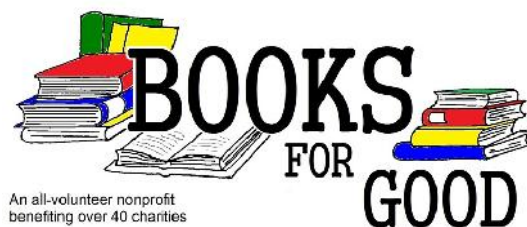
Janet Ruff Gover was inducted into the Achievement Hall of Leadership at the NC 4-H Volunteer Leaders Conference in Raleigh February. Gover's life was enriched by being part of a 4-H club led by a very special leader, Jewell Dixon. For over 35 years, Gover has continued Dixon's legacy of nurturing young people, and helping to develop life skills of citizenship, responsibility, community service, public speaking, and leadership. As a 4-H club leader, Gover encouraged and coached her club members and other 4-H'ers to complete presentations and project records. She introduced her members to a wide variety of community volunteers, and guided her members in pursuing their own interests. She continues to teach classes at county, Teen Retreat, District and State Volunteer Leader meetings. Gover enthusiastically mentors other volunteers and Extension staff as they learn about all that 4-H has to offer. Gover gives a large portion of her life in tireless, cheerful service to 4-H. As a community member and a citizen, she exemplifies the solid values upon which 4-H is built. Gover is a creative and patient leader who knows the importance of nurturing the youth of our county and state. For these reasons, and for her unquenchable 4-H spirit, Henderson County 4-H members, leaders, staff and families are proud that Janet Gover was recognized by this prestigious award.

West District 4-H Volunteer Leader Team Award

Chip, Caleb and Ranae Worrell, Andrew and Barbara Perry, Dale Epperson, Danny and Paul Maybin earned the West District 4-H Volunteer Team Award for Excellence in service to 4-H. Ranae Worrell is the leader of the Young Naturalists 4-H Club and the coach for the Wildlife Habitat Evaluation Program. Ranae and Barbara Perry are scorekeepers at district and state shooting sports meets. Chip and Caleb Worrell, Andrew Perry, Dale Epperson and Danny and Paul Maybin coach the Young Naturalists in 4-H Shooting Sports. The youth have been very successful in competitions, and these adults have worked together to help develop responsible youth who are self confident and self disciplined.

Donate books to "Books for Good" to benefit 4-H!

Do you have books, CDs, and DVDs that are gathering dust in your house? Put them to good use by donating them to "Books for Good" in Fletcher, to benefit Henderson County 4-H. "Books for Good" is a local non-profit that raises funds for charities by selling books. The Cooperative Extension office in Jackson Park (100 Jackson Park Rd.) is a drop off location. Items dropped off at the Cooperative Extension will benefit Henderson County 4-H. Donations in honor of 4-H can also be dropped off at ACE Hardware, Blackberry Mountain Café, and "Books for Good," but they need to be in a bag clearly labeled for Henderson County 4-H. The "Books for Good" building is a little hard to find. If you are going up 25N, after passing I-26, go past Subway, and take the next road to the left. It looks like a driveway. Go all the way to the back, and "Books for Good" will be on your left. They have a large selection of books at great prices! Check their website for hours and more information: www.booksforgoodinc.com





Primitive (Wool) Rug Hooking Class



When: Wed., July 1 - Wed., July 22
(4 Wednesday afternoons)
1:30 - 3:30 pm

Where: NC Cooperative Extension
100 Jackson Park Road, Hendersonville

For youth ages 10 - 18

This class is for kids and teens, but adults are welcome to watch. Volunteers from the local Rug Guild will serve as teachers. Each student will make a small "mug rug." All supplies are provided.

Cost: \$2.00



Summer



FUN

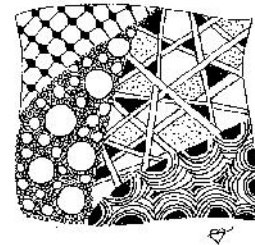


Zentangle® Art Workshop

You do not have to be a 4-H member!

For rising 5th graders through age 18. The class fee of \$15 provides all supplies needed including archival pen, small sketch book and cloth bag.

- Easy to learn
- Easy to do
- No special skills needed
- No costly equipment to buy



The Zentangle® art form and method was created by Rick Roberts and Maria Thomas and is copyrighted. Zentangle® is a registered trademark of Zentangle, Inc. Learn more at zentangle.com.


Henderson County 4-H
(across from the ball fields in Jackson Park)

henderson.ces.ncsu.edu/4-H
Tel: 828.697.4891

June 29 - July 2
(Mon. - Thurs.)
10:00 - 11:30 am
\$15 fee



Henderson County 4-H May 2015

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<p>Tractor Supply Paper Clover Days April 22 - May 3 - RSVP to Denise_Sherrill@ncsu.edu or call 697-4891 if you'd like to tell people about 4-H and raise funds for your 4-H club or the county program. Tractor Supply has asked for individuals to come man the 4-H table.</p> <ul style="list-style-type: none"> Blackberry, raspberry, blueberry and asparagus plants from plant sale are available at Tractor Supply Presentation Coaching by appointment most Tuesdays and Thursdays, 9 - 12 and 3 - 6 Many volunteers are needed to serve as hosts and hostesses and help with parking at West District 4-H Activity Day, Saturday, June 16. Contact Denise or call 697-4891 if you would like to help, or know someone who would. 	<p>1 Registration due for NC 4-H Citizenship Focus</p>	<p>2 4-H County Activity Day Grace Lutheran Church 9:00 Presentations NC 4-H Horticulture Contest, Raleigh</p>
<p>3 West District 4-H Horse Show, WNC Agriculture Center</p>	4	5	6	<p>Friday, May 8 4-H Fashion Revue Grace Lutheran Church 7:00 4-H Mini-Garden, NC 4-H Ambassador, ARIE, Youth Summit entries due</p>	<p>9 NC 4-H WHEP Contest Wilkesboro</p>	
<p>10</p>	11	12	13	14	<p>15 Entries due online for NC 4-H Photography Contest</p>	<p>16 West District 4-H Activity Day Glenn Marlow Elementary 10:30 Presentations</p>
<p>17 Betsy Jeff Penn 4-H Center Open House</p>	18	19	20	21	22 NC 4-H Congress and NC 4-H Public Speaking Contest registration due	
<p>24</p>	25	<p>26 5:00 Presentation Practice - Please bring food to share 7:00 Meeting</p> 	27	28	29	30
<p>31 Mills River Day 2:00 - 5:00</p>	<p>Did you know that teams representing Henderson County 4-H will compete in the NC 4-H Wildlife Habitat Evaluation Program (WHEP) Contest and the NC 4-H Horticulture Contest? Young Naturalists 4-H Club Leader Ranae Worrell has been coaching the WHEP team. Consumer and Commercial Horticulture Agent Kerrie Roach has been coaching the Horticulture Judging</p>					

Henderson County 4-H June 2015

Sun	Mon	Tue	W	Thu	Fri	Sat
Hannah Worrell will represent NC 4-H in rifle at the National 4-H Shooting Sports Invitational June 21-26. Congratulations, Hannah! Chip Worrell has been coaching the NC 4-H Shotgun Team. Andrew Perry has been coaching the NC 4-H Rifle Team. Thank you, Chip and Andrew!	2 Presentation Coaching by appointment most Tuesdays and Thursdays in June and July, 9-11:30 and 3-6	3	4	5-7 NC 4-H Honor Club Conference - see NC 4-H Honor Club Facebook page	6	
7	8	9	10	11	12	13
14	15-17 NC 4-H Citizenship Focus, Raleigh. Registration due May 1.	16	17	18 6:30pm Mock Interviews for AIRE RSVP to Denise or call 697-4891	19	20
21-26 National 4-H Shooting Sports Invitational, Grand Island, Nebraska	22	23 5:00 Presentation Practice - Schedule a time slot with Denise or call 697-4891 7:00 Congress Orientation	24	25	26	27
28	29-July 1 West District 4-H Horse Clinic, WNC Ag Ctr Zentangle June 29-July 2, 10-11:30 Register by June 15. \$15 fee - Contact Sue for more information or call 697-4891. Register early. Class will fill on a first-come, first-served basis.	Primitive Wool Rug Hooking Class , taught by local Rug Guild Volunteers - Make a "mug rug!" Wednesdays, July 1-22, 1:30-3:30 for youth ages 10-18. \$2 fee - Contact Sue for more information or call 697-4891. Register early. Class will fill on a first-come, first-served basis.				

Henderson County 4-H July 2015

Sun	Mon	Tue	Wed	Th	Fri	Sat
<p><u>Zentangle</u> Mon. - Thurs., June 29-July 2, 10-11:30 Register by June 15. \$15 fee - Contact Sue for more information or call 697-4891. Register early. Class will fill on a first-come, first-served basis.</p> <p>Presentation Coaching by appointment most Tuesdays and Thursdays 9-11:30 and 3-6</p>	<p>6</p> <p>5-10 NC 4-H Horticulture Science Summer Institute, Raleigh</p>	<p>7 NC 4-H Poultry Judging and Avian Bowl, Raleigh</p>	<p>8-12 NC 4-H Horse Show, Raleigh</p>	<p>9</p> <p>10</p>	<p>11</p>	
<p>12</p>	<p>13-15 NC 4-H Electric Congress, Wilmington</p>	<p>14</p>	<p>15</p>	<p>16</p>	<p>17 Depart for NC 4-H Congress</p>	<p>18-21 NC 4-H Congress, Raleigh, Saturday, July 18, NC 4-H Presentation Competition and Honor Club Tapping</p>
<p>19</p>	<p>20</p>	<p>21</p>	<p>22</p>	<p>23</p>	<p>24</p>	<p>25</p>
<p>26-31 Henderson County 4-H to Betsy Jeff Penn 4-H Center</p>	<p>27</p>	<p>28 No 4-H County Council</p>	<p>29</p>	<p>30</p>	<p>31</p>	<p>Mark your calendar for the August 7 picnic for Henderson County 4-H at 6:00 in Shelter 1, beside the Cooperative Extension office.</p>

Cooperative Extension Service
North Carolina State University
Henderson County Center
100 Jackson Park Road
Hendersonville, NC 28792

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Sumer Fun Classes!



4-H Summer fun classes are being planned. Information and registration forms are linked below and on our website. or come by and pickup your forms.

Sign-up early, registration will be limited!

[Primitive Rug Hooking Class – 4 Wednesday afternoons, July 1 – July 22, for youth ages 10 – 18](#)

[Zentangle® Art Workshop – Mon. – Thurs. June 29 – July 2 rising 5th graders through age 18](#)

Denise Sherrill
Extension Agent
4-H Youth Development

