



Henderson County Center
100 Jackson Park Road
Hendersonville NC 28792
828/697-4891
henderson.ces.ncsu.edu/4-H

THE SOURCE
HENDERSON COUNTY 4-H NEWSLETTER
August - September



Mountain State Fair
September 6 -15



To learn more about 4-H clubs, and our upcoming events visit our website: henderson.ces.ncsu.edu/4-H

[NC Mountain State Fair](#) Most ENTRY FORMS MUST BE RECEIVED at the fairgrounds BY AUGUST 23, 2013. Please check [show or shows](#) in which you intend to participate. Livestock entries due by August 14.

Careers in Agriculture Poster Contest

The purpose this contest is for youth, ages 5 – 18, to learn more about careers in agriculture. Participants choose one career, and create a poster to advertise that career. Posters are due to N.C. Cooperative Extension, Henderson County Center, in Jackson Park, by Friday, September 13, before 5:00 p.m. Posters must be on standard poster board, 22” by 28.” Copyrighted materials may not be used. Posters should include brief, factual information, and be simple and to the point. Winners will be chosen based on: originality, following the career theme, easily understood message, accuracy of information, general appearance, and design. Winning posters will be displayed at Farm City Day, Saturday, October 5, in Jackson Park. A registration form is required with each entry. For registration information and rules, visit henderson.ces.ncsu.edu/4-H then click on “4-H opportunities”. This contest is sponsored by Apple Country Antique Engine and Tractor Association, www.applecountry.org. Visit the Antique Engine and Tractor Show at the WNC Agriculture Center October 24 – 26.

Farm City Day

Saturday, October 5, 10:00 - 4:00, Jackson Park

4-H clubs or the county staff will need plenty of volunteers to make this fun day possible. RSVP to your 4-H club leader or to [Denise](mailto:Denise_Sherrill@ncsu.edu) at Denise_Sherrill@ncsu.edu if you'd like to help, or call 697-4891.

LOOK INSIDE FOR MORE OPPORTUNITIES!

Upcoming Events

4-H Project Record Training

Tuesday, August 13, 7:00 pm

Learn how to create a 4-H project record. RSVP to [Barbara](#) or call 697-4891.

4-H Parents and Leaders Meeting

Tuesday, August, 20, 7:00 pm

A light meal will be served. RSVP to [Barbara](#) or call 697-4891. Make sure your 4-H club is represented.

4-H Curriculum Fair

Thursday, August 22, 1:00 - 6:00 pm, NC Cooperative Extension, Henderson County Center. Come to look at the wide variety of 4-H curriculum to help guide individual projects and 4-H club activities.

4-H County Council Tuesday, August 27

5:00 Work on Farm City Day Preparations. Please bring food to share for supper. RSVP to [Barbara](#) or call 697-4891

7:00 Meeting

4-H New Member Orientation Tuesday, September 17, 7:00 pm.

For teens and parents of new 4-H members to learn all that's available in the world of 4-H. RSVP to [Barbara](#) or call 697-4891.

4-H County Council Tuesday, September 24

5:00 Work on Farm City Day Preparations. Please bring food to share for supper. RSVP to [Barbara](#) or call 697-4891 7:00 Meeting Nominations for county officers are due.

Needed: Large "Duplo" blocks

One of the West District's responsibilities at the NC 4-H Volunteer Leaders' Conference 2014 will be table decorations. We would like to use large "Duplo" (the big version of "Lego") blocks. There are similar brands that will also work. Please look for these at yard sales, or share blocks that your children no longer use. The blocks will be needed by November 2.

JOIN | THE REVOLUTION 
OF RESPONSIBILITY

Noteworthy News

Help Needed

John Davis, 4-H Agent in Burke County, had severe flood damage to his home in July. The house has been gutted and reconstruction has started. He is having to replace all appliances, furniture, flooring, walls including sheetrock, paneling, electrical and duct work. John's family saved most of their clothes, but that is all. Insurance is covering NOTHING.

Prayers are needed for John and his family at this time. If you want to help financially, checks can be written to Burke County 4-H, and specify for John Davis in the memo line. Gift cards would also be appreciated. The mailing address is NC Cooperative Extension, Burke County Center, 130 Ammons Drive, Suite 2, Morganton, NC 28655

In the News

Visit this site <http://www.cals.ncsu.edu/agcomm/news-center/perspectives/where-theres-smoke-theres-barbecue/> for a great article about Lindsey Bryant. Visit this site <http://www.flickr.com/photos/43370832@N08/sets/72157634305159775/> for more photos of Outdoor Cookery, including one of Alexander Hedrick with his parents.

Congratulations!

Congratulations to the following people for participating in the NC 4-H Presentation Competition at NC State University June 22, 2013:

Alexander Hedrick, Savannah Tankersley, Christopher Branche, Angelina Branche, Jacob Bryant, Keely Woods, Meghan Woods, Nicholas Conigliaro, Emma Campbell, Abigail Conigliaro, Haley Hargus, Ian Capps, Emily Capps, Lindsey Bryant, Hannah Herman, Ellie Stout, and Kathryn Worley.

Thank You!

Thank you to these 4-H club members for helping teach programs on Underground Animals at Henderson County Public Libraries: Hannah Worrell, Luke Maybin, and Lindsey and Jacob Bryant

Thank you also to these 4-H club members for helping teach "Health Rocks" at Henderson County Public Schools. Chloe Mathes, Lara Wingard, and Adelaide Haack. Health Rocks!® is curricula for a healthy living program targeted at young people ages 8 to 14. Teen and adult facilitators share hands-on activities that educate youth on the consequences of tobacco, alcohol and drug use.



Club Reports

Young Naturalists 4-H Club, Tessa Epperson, Reporter

In June some of the kids in our group had the opportunity to help with the Hope Academy at Mud Creek Baptist Church. To begin the day they had a parade and we each had a handicapped kid to walk with. They brought in a policeman and he turned on the sirens and they loved that! Then we had game time. There were two sets of wheelchair races, one with electric wheelchairs and one with wheelchairs that had to be pushed. Then they had walking races for the older people. Part of our job was to be at the finish line to cheer them on as they finished! Then they had running races for the ones that could run and we also were at the finish line to cheer them on. All the participants were very friendly and very touchy. It was kinda out of our comfort zone though. After a while we got used to them hugging us or talking to us or shaking our hands. Our family walked away very encouraged to have been a part of such a wonderful thing! I hope we will have the opportunity to do this again next year!!!

Also, Old Towne Market did a yard-sale for our group and all of the proceeds went to our club. It was 500.00! Some of our families were able to help with the barbecue lunch and moving all the items. We would all like to thank Margaret Woods for her generosity!

We are still practicing shotgun, rifle, and archery preparing for the upcoming district and state shoots.

In July the Young Naturalists 4-H group went on a field trip to Orchard Lake Campground. We enjoyed swimming, boating, fishing, zip lining, the game room, and many other activities! We would like to thank Kirk Hall for letting our group come out for the day! Our group is also still practicing rifle, shotgun, and archery for the upcoming competitions.

Hoofbeats 4-H Club, Nicole Smith, Reporter

On Tuesday, we had a lady come to Mrs. Wendy's farm and show us about fitting saddles on horses. We used one of the horses on Mrs. Wendy's farm, and she showed us what to look for in case a saddle is uncomfortable for a horse. and she showed us what she does to fix it.

ACDC 4-H Club, Austin Duncan, Reporter

In March we copper-plated quarters by dissolving a copper plate in vinegar. Then we used electricity to transfer the copper in the solution to the quarters. In April, ACDC learned about binary numbers and disassembled a digital display. In May and June, ACDC repaired incubators and built speakers out of metal pie plates, wire & a magnet that we hooked up to a radio.

Young Naturalists 4-H Club, Tessa Epperson, Reporter

This May the Young Naturalists competed in the 2013 WHEP (Wildlife Habitat Education Program) competition in Johnston County, NC. The actual Competition was in Howell Woods. There were nine counties there overall. Henderson County's Junior Team placed first! The junior team consisted of Luke Maybin, Tatum Epperson, Connor Keith, and Matthew King. Also Luke Maybin placed 2nd overall! Tessa Epperson Placed 1st in the senior division with her individual score. Tatum Epperson had the highest score overall out of 44 participants. Our club also still is practicing rifle, shotgun, and archery for the shooting competition in September.

Hoofbeats 4-H Club, Danielle Kuykendall, Reporter

The 4-H Hoofbeats had their June meeting on the fourth. At the meeting we discussed details for the September 4-H show and Ms. Wendy taught us a lot about saddles. The meeting ran well and we look forwards to the next one!

Henderson County 4-H'ers win honors at State 4-H Congress

Henderson County was well represented by seventeen youth at the state 4-H presentation competition at NC State University in Raleigh on June 22. All of these competitors qualified for the state competition by winning at the county and district levels. Thirteen medals were brought home from the state presentation competition. Gold medals were won by Meghan and Keely Woods, Ellie Stout, Hannah Herman, Lindsey Bryant, Alexander Hedrick, and Kathryn Worley. Good public speaking skills learned in the 4-H presentation program will serve these youth well throughout their lives. 4-H clubs, parents, leaders, and volunteers from Kiwanis of Hendersonville coached our public speakers, and helped prepare them for this competition. Funds from Kiwanis, Selee Corporation, and the 4-H Plant Sale also provided scholarships for county and district winners.

Several Henderson County youth were delegates at 4-H Congress June 22 – 25, and participated in leadership, citizenship, and community service activities. Andrew Torres participated in the Application, Resume, Interview, Essay (ARIE) competition. As a reward for his fine work, Andrew, along with teens from other counties, was selected to attend National 4-H Congress in Atlanta in November.

Lee Gover finished his term of 2012-2013 West District 4-H Reporter, and Drue Stinnett was inducted as 2013-2014 West District 4-H President. Lee Gover was also inducted into NC 4-H Honor Club, one of the highest honors a 4-H'er can achieve. Membership in Honor Club is bestowed upon those 4-H members who have exhibited outstanding 4-H citizenship and leadership throughout their 4-H careers. An Honor Club member continues to provide leadership and service to the total 4-H program throughout life. Lee also received the Robert and Helen Runion College Scholarship \$500, and plans to attend Blue Ridge Community College.

Daniel Torres received the Ray Wilkinson Communications College Scholarship of \$500, and he plans to attend Belmont Abbey College. Jacob Bryant was the district winner in the Cecil & Leonard Comedy Competition. Ray Wilkinson was the farm reporter on WRAL during the 1960's, who always ended his report with funny stories about Cecil and Leonard. 4-H members enjoyed Jacob's version of the Cecil and Leonard stories.

Andrew Torres and Drue Stinnett represented Henderson County in the Citizenship track at NC 4-H Congress. Through various conference sessions and facilitated discussions, delegates learned about advocacy, citizenship and public policy and about being educated citizens. They were pleased to meet with NC Representatives Chris Whitmire and Chuck McGrady, and their staff members.



Photo caption: Some of the Henderson County 4-H participants in NC 4-H Congress in Raleigh June 22 – 25 were: Kathryn Worley, Meghan Woods, Emma Campbell, Savannah Tankersley, Keely Woods, Ellie Stout, Angelina Branche, Lindsey Bryant
Back Row: Alexander Hedrick, Lee Gover, Larry Dyer (from Polk County), Daniel Torres, and Andrew Torres.

4-H Electric Congress

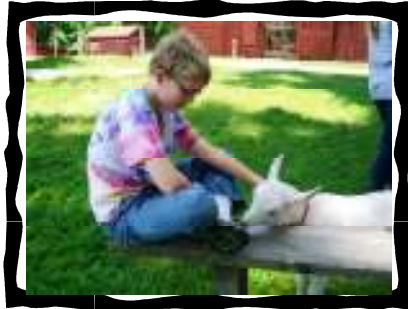
Andrew Torres and Micah Haack attended North Carolina 4-H Electric Congress July 22 – 24, at UNC Charlotte, with Tricia Haack as their chaperone. Electric Congress is an educational event designed to recognize excellence in the Electric Program throughout the state. 4-H members participated in educational workshops, met Power Company Representatives, and learned about careers in the energy industry. Andrew and Micah qualified to go to NC 4-H Electric Congress by completing Electric Project Records for 2012.



4-H Summer Fun Pictures



F.R.E.S.H.



DAIRY DAY

PRESENTATIONS



HEALTH ROCKS



MINI-GARDEN CONTEST



PUMPKIN PATCH



4-H CONGRESS



4-H HONOR CLUB



4-H CONGRESS

Henderson County 4-H August 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Supplies due for quilting basket for NC 4-H Volunteer Leaders conference.	2 4-H Summer Picnic , 6:00 pm, Shelter 1, beside Cooperative Extension Office in Jackson Park. Bring food to share	3 Livestock Showmanship Clinic, WNC Ag. Ctr. (Reg. by July 19)
4	5	6	7	8	9	10 West District 4-H Shoot , Polk County Gun Club
11 Migrant and Seasonal Farmworker Health and Safety Fair , 4:00—7:00 Volunteers needed. RSVP to Denise or call 697-4891.	12	13 4-H Project Record Training , 7:00 RSVP to Barbara or call 697-4891	14 Livestock Entries due, NC Mountain State Fair	15	16	17
18	19	20 4-H Parents and Leaders Meeting 7:00 RSVP to Barbara or call 697-4891	21	22 4-H Curriculum Fair , 1:00—6:00 See all of the 4-H curriculum.	23 Most ENTRY FORMS due for Mt. State Fair . Please check show or shows in which you intend to participate.	24
25	26	27 4-H County Council 5:00 Workday: bring food to share. 7:00 Meeting	28	29	30 –Sept. 2	

Henderson County 4-H September 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6-15 NC Mountain State Fair , WNC Ag Ctr.	7
8	9	10	11	12	13 Careers in Agriculture Posters Due	14
15	16	17 4-H New Member Orientation 7:00 pm RSVP to Barbara or call 697-4891	18	19	20	21
22	23	24 4-H County Council 5:00 Workday: bring food to share. 7:00 Meeting. Nominations due for county officers.	25	26	27	28
29	30					Saturday, Oct. 5, Farm City Day , 10:00—4:00, Jackson Park

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North Carolina State University
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NONPROFIT ORG
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**Save
The
Date**



**October
5
2013**

Farm City Day

Saturday, October 5 10:00 – 4:00

All 4-H clubs are asked to provide educational activities for kids. Contact [Denise](#) for more information. Not in a 4-H club and you'd still like to volunteer? We can use you! Teaching other people is a wonderful way to build leadership skills.

A handwritten signature in black ink that reads "Denise Sherrill".

Denise Sherrill
Extension Agent
4-H Youth Development



North Carolina State University and North Carolina A&T State University commit themselves to positive action to secure equal opportunity regardless of race, color, creed, national origin, religion, sex, age, veteran status or disability. In addition, the two Universities welcome all persons without regard to sexual orientation. North Carolina State University, North Carolina A&T State University, U.S. Department of Agriculture, and local governments cooperating.